

FACT
Many young people say that the reason for not ending their life is that they didn't know how to do it.



MYTH
Females are at higher risk of suicide because they are more emotional



FACT
82% of Childline counselling sessions happened online.



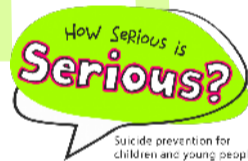
MYTH
Most young people who die through suicide are not known to services.



FACT
Suicide in young people is rarely caused by one thing



MYTH
Young people who talk openly about suicide are not as likely to attempt suicide



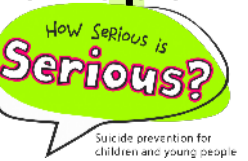
FACT
Many suicides in young people in the UK go unreported



MYTH
It's important to let the young person know that you have full control of the situation



FACT
1 in 4 young people who died through suicide were recently bereaved according to one report



MYTH
Suicide affects more people in high income countries than low or middle income countries

