

# Ameera Role Play Instructions

## How does the professional engage with this young person?

You are Ameera's head of year at school. Ameera's mum has called you today after becoming concerned for Ameera's wellbeing following a text that she sent her. You have been and got Ameera out of lesson and have brought her to the student welfare room to talk.

### Things to think about:

- Confidentiality and safeguarding within your role.
- Using appropriate language.
- Check out Ameera's ambivalence, and use the thermometer.
- Does she fully grasp the finality of death?

