

Case Study Three - Kyle

Kyle is a 17 year old white British male. He has been in an on-off relationship with his boyfriend Lee for the past 8 months, however he is questioning his gender. Kyle is confused as he feels that he identifies as female, and feels that his attraction to Lee is as a female not a male. He has not told Lee about this as he is afraid that Lee will reject him and end the relationship. Kyle's mum is a support worker at a local primary school. She is supportive of Kyle's sexuality and he has spoken to her about his gender concerns. Kyle's mum is struggling to accept this as she does not want to lose Kyle as her Son. Kyle's Dad is less supportive and says that Kyle needs to see a psychiatrist. Kyle's strained relationship with his Dad has led to him feeling depressed.

Kyle has been a victim on ongoing bullying at school from some of the popular lads. However he has a strong social group. Kyle is gifted in the arts and is an amazing graphic artist. He also plays the electric guitar in a band. He is the life and soul of the party within his friendship circle. He wears his heart on his sleeve and his friends view him as being very dramatic. It's not uncommon for Kyle to throw away lines such as "well I might as well kill myself then", or "I know you'd all be better off without me", but he never seems serious about this. He can often be quite impulsive in the things that he says and does.

Kyle has become a bit more withdrawn lately. He has turned down several parties and Lee has noticed he doesn't seem himself. He had fallen out with a few of his friends on social media and they had accused him of being full of himself. Yesterday on snap chat Kyle posted this image. Lee has sent him messages but has had no reply. Kyle is not at school.

