

Jodie additional information

You have become really worried about going to high school and think that the only way out is to kill yourself.

You haven't made a plan but have been collecting lyrics and pictures about suicide and have read one story about a girl who jumped from a tower-block.

You are worrying about your appearance as you have started your periods and are developing breasts before your friends.

You are worried about upsetting your parents, especially your dad – you are his princess.

You are really missing your hamster. Thinking about death has suddenly brought back all of those emotions.

Your suicidal thoughts are a level 3 intensity

Things that make you want to stay alive:

- Enjoys school and is doing well.
- She loves performing arts.
- She has a supportive family.

